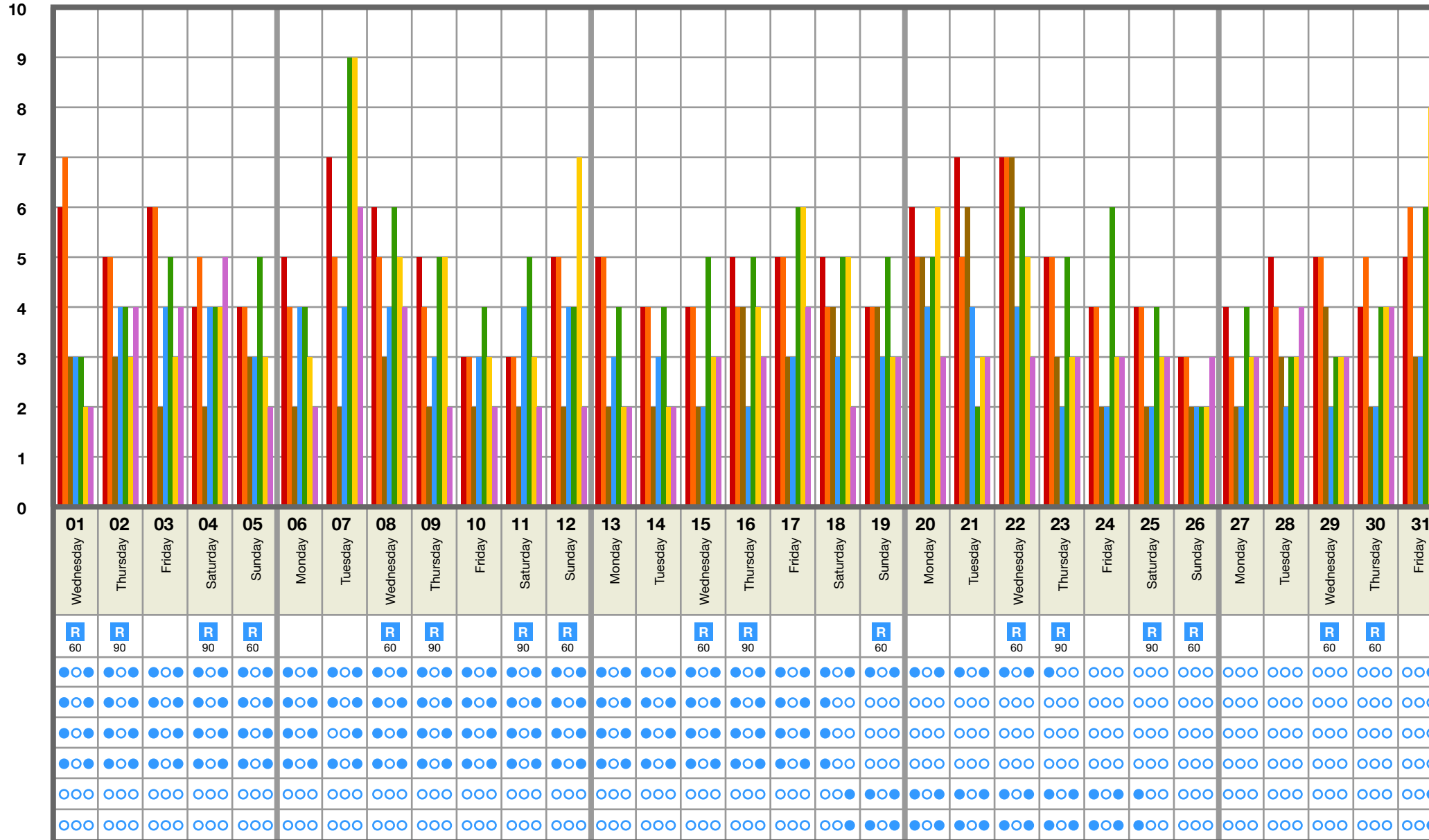


2008

# October

4.8 Fatigue 4.5 Brain Fog 2.9 Muscle & Joint Aches 3.0 Head Aches 4.5 Sleep 4.0 Depression 3.2 Tingling

B Biking R Running S Stretch & Strength W Swimming



## Summary

- 15th - Saw DR. Raxlen. He switched all my meds. Am now taking Mepron, Zith and Welbutrin.
- 25th - developed itchy rash. Stopped meds to see if it cleared up.
- 27th - Saw Dr. Kraft to get blood tests done.
- 27th - Emailed Carolyn to check on what to do about rash as it's getting worse.
- 31st - Horrible day. The numbness/tingling down my right side is the worst ever. I now feel a slight lack of control with my right arm/hand and leg. Very scary. Not sure what to make of it.
- 31st - Started taking Mepron again after conversation with Dr. R's office. Not sure if the rash is an allergic reaction or a result of treatment. After 45 mins of first does I'm starting to itch a little.
- Had a good couple of nights (26th, 28th & 29th) where I slept all the way through the night
- Really stepped up the Samento, GSE and NDF regimen. As of the end of the month I am now taking 13 drops GSE & Samento. 4 of NDF. I increase by one drop every night.

Fluconazole (Diflucan) - 100/0/100  
 Minocycline - 250/0/250  
 Clarithromycin (Biaxin) - 500/0/500  
 Hydroxychloroquine (Plaquenil) - 200/0/200  
 Mepron 1 tbs./0/1 tbs.  
 Azithromycin (Zithromax) - 250/0/250