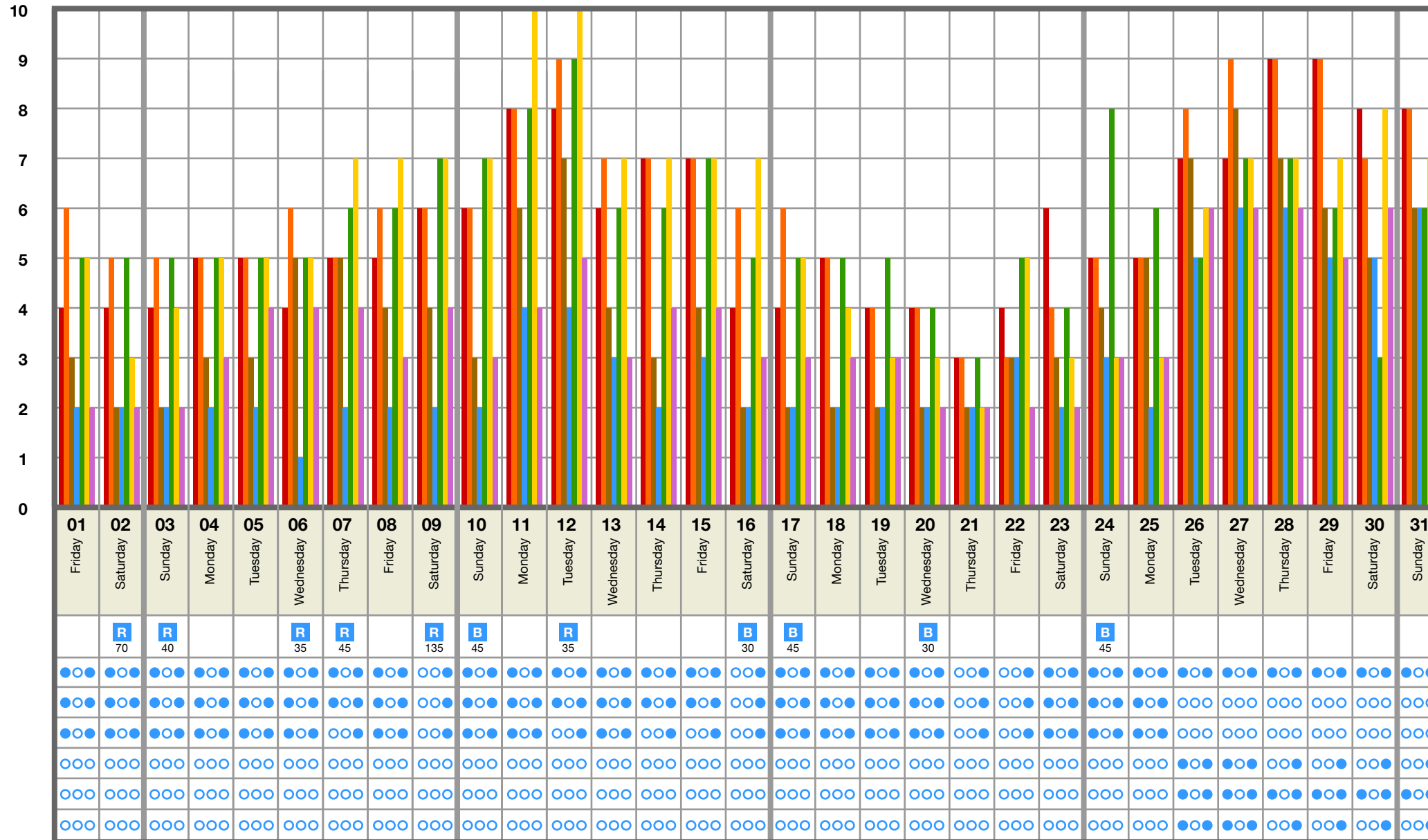


# 2008

# August

B Biking
 R Running
 S Stretch & Strength
 W Swimming
 ■ Fatigue
 ■ Brain Fog
 ■ Muscle Aches
 ■ Head Aches
 ■ Sleep
 ■ Depression
 ■ Tingling



**Summary**  
 25th - Saw Raxlen. Changed my meds up big time.

Fluconazole (Diflucan) - 100/0/100  
 Cefdinir (Omnicef) - 300/0/300  
 Azithromycin (Zithromax) - 250/0/250  
 Minocycline - 250/0/250  
 Clarithromycin (Biaxin) - 500/0/500  
 Hydroxychloroquine (Plaquenil) - 200/0/200